A message

Many of you will be aware of my parallel career as a long-distance runner. Although not as lucrative as my job here at *Chat House*, it does have its rewards, with big paydays coming around once or twice every five years.

This is because veterans' running is structured around age categories which start at age 40 and go up in 5year steps, e.g. 50 to 54, 55 to 59 etc.

Thus, each time I make the transition into an older age category, I am younger than most other runners in that same category, and best placed to win an age category prize. The only problem is that many races have an oldest age category of 60-plus, so that I am often up against runners who are 11 years younger than myself.

Thankfully, there are still a few races around where there are prizes for the over seventies, and even some for the over eighties.

But will I still be running in 10 years time? Well, I was talking to an 85year old runner at a 5-mile race last week, whose exploits in ultra-distance races I had heard about. It turns out that he is ranked number one in the world for his age, in a specific event. During last week's race, from the gun, it took me a mile to catch him up! I live in hope!

Andrew Goodman

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ON THE FRONT COVER

Club cars congregated at St. Joseph's Tea Rooms, just outside Whitwick, before setting off on Ron and Val's Aero Park picnic Run. The cafe is next door to Mount St. Bernard's Abbev, and both are worth a visit if *you are in the area. St. Joseph's serve* up a delicious range of light snacks and tea-time treats, and is a regular haunt of the Chat's Editor when out on Saturday car trips with Mrs. G and her sister. Although not of a religious bent, the Ed. quite likes visiting the abbey now that they are brewing a 7.4 ABV Trappist beer, which is about £33 for a crate of twelve bottles. Cheers!

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Top End Rattles A message from the chairman

Hello friends and welcome to August.

What a month of contrasts we have had: the success of Coast-2-Coast, the damp but equally successful Beaumanor. Firstly well done to all those who took part in the Coast-2-Coast challenge; it was a major undertaking for our club and I think I can say for all involved, it was a great success.

As for Beaumanor, well I know the weather did not help, but well done to Land Rover for winning best club stand; it was long overdue. Anyway, another second place for NLMGOC is not bad, as it maintains our record of coming home with at least one trophy.

And so to the second half of the year. We have the long weekend in Norfolk to look forward to, along with the (now annual) Rainbows run in September. Further ahead we have a car being displayed at this year's International Classic Car Show in November and a date has been fixed for the annual club dinner, again to held at the Golf Club on Saturday 5th January 2019.

More details of both of these last events later in the year, but for now make a note

Kolin

Amongst My Souvenirs

Many of us have vast collections of motoring memorabilia. This may be the result of our own mania for buying anything to do with cars, or it may be that we believe that they are going to be worth a fortune one day, or that the kids will love to inherit them. Either way, we quite enjoy owning them, don't we? In this column, we reveal readers' hidden hoards of automotive "antiques".



This Rover P6 2000 was driven by Roger Clarke in the Monte Carlo Rally, and it is now owned by Ian, or at least this valuable die-cast model of the car is. It is not widely known, but Roger Clarkes first works drive was with Reliant, in a Scimitar. He went on to have a few works drives with Rover before going on to achieve great success in Ford rally cars. Some of you will know that

Ian worked at Clarkes Garage when he was a lad. He did some work on the actual rally car, being called upon to spray the rear valance.